



Submission Requirements for Cablecast on Channels 6 and 15

Accepted formats for program submitted to CAPS Media

720P(HD preferred) 1920x1080 or 1280x720, 16:9 aspect ratio, 59.94 fps (Constant)

Codec:	H.264
Extension:	.mov or .mp4
Profile	Main or High
Frame Size:	1920 x 1080 or 1280 x 720
Aspect Ratio:	16x9
Frame Rate (fps)	59.94 (Must be Constant Frame Rate)
Bit Rate	5,000kbps - 8,000kbps
Audio Codec:	AAC-LC
Audio Sample Rate:	48Khz

NTSC(SD acceptable) 720x480, 4:3 or 16:9 aspect ratio, 29.97 fps (Constant)

Codec:	H.264
Extension:	.mov or .mp4
Profile	Main or High
Frame Size:	720 x 480
Aspect Ratio:	4x3 or 16x9
Frame Rate (fps)	29.97 (Must be Constant Frame Rate)
Bit Rate	1,000kbps - 5,000kbps
Audio Codec:	AAC-LC
Audio Sample Rate:	48Khz

**For access to the media submission portal on our website,
please contact a CAPS Media staff member for access assistance.**

Media files may also be submitted in person at the CAPS Media Center.